

# Workplace safety should not be compromised

Learn the signs of drug use and detection times

Listed below are common drugs of abuse, typical symptoms of their use, and detection times by urine, saliva, and hair testing methods. This information may help you recognize potential behaviors exhibited with drug abuse.



## Amphetamine/Methamphetamine

**Symptoms:** Appetite loss, anxiety, irritability, rapid speech, tremors, elevated mood, long periods without sleep or rest

**Urine:** 1-3 days

**Hair:** Up to 90 days, depending on hair length

**Saliva:** 24-48 hours



## Anabolic Steroids

**Symptoms:** Yellowing of the skin, acne, enlarged male breast tissue, weight gain, fluid buildup, aggression, marked masculinization, deeper voice, changes in hair growth patterns

**Urine:** Up to 4 weeks, oral use; 1.5 months to 1+ year, injection use



## Barbiturates

**Symptoms:** Depression, drowsiness, intoxication, slurred speech, muscle weakness, decreased alertness and coordination

**Urine:** 1-3 days, all except Phenobarbital; 1-3 weeks for Phenobarbital



## Benzodiazepines

**Symptoms:** Slurred speech, disorientation, drunken behavior without odor of alcohol

**Urine:** 1-14 days, depending on the specific benzodiazepine



## Cocaine

**Symptoms:** Short-lived euphoria changing to depression, irritability, nervousness, hypersensitivity to sight, sound, and touch

**Urine:** 1-3 days

**Hair:** Up to 90 days, depending on hair length

**Saliva:** 24-48 hours



## Fentanyl

**Symptoms:** Insensitivity to pain, euphoria, hypotension, respiratory depression, nausea, vomiting

**Urine:** 1-3 days

**Hair:** Up to 90 days, depending on hair length

**Saliva:** 24-48 hours



## Ketamine

**Symptoms:** Delirium, amnesia, impaired motor function, high blood pressure, depression, dreamlike and hallucinogenic state

**Urine:** 1-2 days



## Marijuana

**Symptoms:** Altered perception, impaired coordination, dry mouth, bloodshot eyes, increased appetite, euphoria

11-nor-delta-9-tetrahydrocannabinol-9-carboxylic acid:  
**Urine:** 1-3 days, occasional use; up to 30 days, habitual use  
**Hair:** Up to 90 days, depending on hair length

Delta-9-tetrahydrocannabinol:  
**Urine:** 24-48 hours



## Methadone

**Symptoms:** Slow breathing, sweating, drowsiness, weakness, constricted pupils, nausea, vomiting

**Urine:** 1-3 days



## Opiates

**Symptoms:** Insensitivity to pain, euphoria, sedation, nausea, vomiting, mood swings, irritability, anxiety

**Urine:** 1-3 days

**Hair:** Up to 90 days, depending on hair length

**Saliva:** 24-48 hours



## Phencyclidine (PCP)

**Symptoms:** Increased pulse, heart rate, blood pressure, and temperature, mood-altering effects, paranoia, anxiety, nausea, tremors, suicidal urge

**Urine:** 1-5 days, occasional use; up to 30 days, habitual use

**Hair:** Up to 90 days, depending on hair length

**Saliva:** 24-36 hours



## Propoxyphene

**Symptoms:** Dizziness, drowsiness, headache, euphoria, decreased balance and coordination, confusion, appetite loss

**Urine:** 1-3 days



## Rohypnol (Roofies)

**Symptoms:** Sedative effects including amnesia, muscle relaxation, and slowing of psychomotor performance

**Urine:** 1-3 days

## Drug testing is an important tool for protecting the safety and well-being of both employees and employers.

To learn more and talk to Quest Employer Solutions about designing a custom workplace drug program for your business:

Email [ClientInquiry@QuestDiagnostics.com](mailto:ClientInquiry@QuestDiagnostics.com)

Call 1.800.877.7484, Monday through Friday, 7:00 AM—7:00 PM (CT)

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